

Red Lion Varsity Coaching Staff
2020-2021

Fall Sports

Football	Jesse Shay	ShayJ@rlasd.net
Field Hockey	Carol Gillmen	GillmenC@rlasd.net
Boys Soccer	Mike Watt	utdfan@comcast.net
Girls Soccer	John Young	Youngjw@rlasd.net
Cross Country	Matthew Werner	WernerM@rlasd.net
Girls Volleyball	Cameron Tome	CTome24@comcast.net
Girls Tennis	Troy Miller	Troymiller.rlta@gmail.com
Golf	Don Dimoff	Dimoffd@rlasd.net
Cheerleading	Madeline Clark	Clarkmm@rlasd.net

Winter Coaches

Boys Basketball	Steve Schmehl	Schmehls@rlasd.net
Girls Basketball	Don Dimoff	DimoffD@rlasd.net
Wrestling	Matthew Helwig	Helwigm@rlasd.net
Swimming	Hannah Coligan	coligan.hannah@gmail.com
Comp Cheer	Madeline Clark	Clarkmm@rlasd.net
Cheerleading	Barb Ede	Edeb@rlasd.net
Cheerleading	Amy Neff	Amy8244@aol.com

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Spring Coaches

Baseball

Kevin Lawrence

kevin.lawrence@sycsd.org

Softball

Steve Gould

GouldS@rlasd.net

Boys Track

Todd Barshinger

BarshingerT@rlasd.net

Girls Track

Jason Smith

RLLions75@aol.com

Boys Volleyball

Rick Torbert

ratorbert@comcast.net

Boys Tennis

Troy Miller

Troymiller.rlta@gmail.com

Boys LAX

Pat Stafford

pstafford1977@yahoo.com

Girls LAX

Megan Welker

Luckenbaughm@rlasd.net